



Team Building at Wells House & Gardens

Falconry

There is nothing more majestic nor more mesmerising than watching a falcon at work and this hands-on experience will allow you and your colleagues to witness this first hand. Under the guidance of our falconer fly, feed and handle these magnificent birds of prey in front of the stunning Wells House.

€25 per person – 1 hour

Clay Target Shooting

Ready, Aim, Fire! Immerse yourself in the real countryside at Wells House & Gardens and get together with your team for this thrilling experience under the expert eye of our onsite instructor. Take aim and see who has the best shot as at the end of the day, a little bit of competition never hurt anybody.

Approximately 1.5 hours - €35 per person

Archery

Whether it's Katniss Everdeen or Robin Hood that takes your fancy, become your own hero at the only public 3D archery course in Ireland. With a private woodland course and your very own guide, bond and relax with your team during this unique, outdoor adventure.

Approximately 1.5 hours - €15 per person



Lego Serious Play



The LEGO® Serious Play® methodology is a radical, innovative, experiential process designed to enhance business performance. It is a facilitated meeting, communication and problem-solving process in which participants are led through a series of questions, probing deeper and deeper into the subject. Each participant builds his or her own 3D LEGO® model in response to the facilitator's questions using specially selected LEGO® elements.

These 3D models serve as a basis for group discussion, knowledge sharing, problem solving and decision making. The LEGO® Serious Play® Method is a technique which improves group problem solving. By utilising visual, auditory and kinaesthetic skills, the Method requires participants to listen and learn, and it provides all participants with a voice. The Method serves as a shared language regardless of culture or position. This method is delivered by a Certified and experienced LEGO® Serious Play® facilitator.

- Lego Serious Play from €1,500

- Pure Fun Team Building with LEGO - €1,200 for groups of up to 40 participants.

Wellbeing, Meditation and Mindfulness

This package is built with the requirements of your team in mind and incorporates many of the introduction to Wellbeing topics and learning outcomes with added emphasis on practical tools to help employees find the reset button and be at their best at work, rest and play. Content increases in depth the longer the session and includes;

- What is and Why Wellbeing?
- What is and why meditation?
- Building Blocks for Happiness and Success
- Tools to Reset and Restore Balance
- Tools to help people Effectively Manage Stress
- Meditation for Motivation
- Meditation for Relaxation
- Meditation during the workday
- Using meditation to deal with fear
- Relaxation and Sleep

Approximately 2 hours

(half day and full day workshops available, pricing on individual basis)



Foraging in the Wells Woods

Under the expert guidance of our facilitator Mary, explore our woods and forage safe, fresh and tasty ingredients! Then bring your findings back to our kitchen and prepare your lunch, let our chef work his magic and then sit back, relax and enjoy. This is a great bonding experience full of fun and learning and we can add on a wine tasting experience to pair the most suitable wines with your meal!

Approximately 3 hours - starting at €450 for groups of up to 20 people.